

Linda's Sailing Adventures

Crew Guidelines

Crew Guidelines for Safety at Sea

- Remember that "Safety First" rules.
- It is important to understand the Captain is the boss of the boat.
- Listen to your Captain. They have everyone's safety and enjoyment first in their minds.
- One hand for you and one hand for the boat. Always hold on to the boat as you move about and keep one hand clear, in case of unexpected movements.
- Ask if you don't know. There are many places on a sailboat where crew can get hurt if they do not know the safest manner to handle a task.
- The Captains are always receptive to volunteers for specific duties (Raising and lowering main sail, furling or unfurling the jib, anchor duty, radio operation, etc.). When volunteers don't appear, Captains may assign tasks to balance work loads.
- Communication during all maneuvering is critical (Leaving the dock, coming up to the dock, lowering the anchor, raising the anchor, etc.). Personal conversations should be stopped or kept to a minimum. Listen to the Captain and be ready to act as requested.
- Learn how to operate the VHF radio, navigation instruments, marine heads and galley items in case you are needed to operate them when assisting or in case of an emergency.

Crew Courtesy Guidelines while On Board

1. Keep at good attitude. Attitude is infectious, a state of mind.
2. A sail boat crew is like a team. Be a team player and offer to help where and when needed.
3. A tidy boat is a happy boat. On boats, everything has its place and things need to be stowed before sailing. Things shift underway.
4. Be considerate and pick up after yourself and keep track of your personal items. Organize and stow your belongings neatly.
5. Help keep the galley clean. Dirty dishes always go in the sink. Clean dishes need to be dried and dishes and leftover food need to be put away before sailing. Things shift underway.
6. Smoking should only be done on the back of the boat so ashes blow behind the boat. Smokers should always advise the Captain and crew before smoking while sailing so someone can keep an eye on them.
7. Close hatches before leaving the harbor or when you leave the boat to go ashore. Spray and unexpected rain showers are likely when sailing or on most islands.
8. Be considerate of others when choosing music for the boat. Everyone on the boat can veto the music that is playing, except for the Captain. Your choice of music might not be enjoyed by everyone.
9. Let the crew members responsible for provisioning know if anything runs low or must be replaced while in port.

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Crew Courtesy Guidelines while in Port

1. Walkie-talkies are terrific for keeping in touch while we are in port or exploring the islands. Please try to bring one or a set. We monitor channel 7 for all to monitor.
2. Always let your Captain/crew know your tentative plans for the time you are ashore. If we need to find you or if there is a problem, it helps us know how to find you.
3. Take the trash off the boat on your way.
4. Offer to bring back water or provisions, if they are needed, on your way back to the boat.
5. Dress respectfully while ashore. Many cultures will find bathing attire or other small outfits inappropriate on the city streets.
6. Expect service at restaurants and stores to be slower than our standards here at home. Take this time and enjoy the ambiance.

Dinghy Rules

Work with Dinghy Captain to learn about how the Dinghy functions. You may be called upon to help.

- a. Make sure you have oars and a flash light on the Dinghy.
- b. Lend a hand to other while boarding or exiting the Dinghy.
 - i. In rough water use "hand to forearm" grip between the Dinghy and the boat.
 - ii. Help with packages, snorkel gear, etc.
 - iii. Be aware of swells and boat wakes.
- c. No more than one person standing in the Dinghy at anytime.
- d. Start the motor before releasing the painter from the boat.
- e. Dinghy Captains want to know if you want your ride slow and semi-dry, or fast and wet.

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